

1-25-2014

## Iowa State Daily (June 25, 2014)

Iowa State Daily

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### Recommended Citation

Iowa State Daily, "Iowa State Daily (June 25, 2014)" (2014). *Iowa State Daily, June 2014*. 1.  
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IOWA STATE DAILY

Wednesday, June 25, 2014

Volume 209 | Number 155

# Locally grown

Urban gardens  
bring fresh produce  
to Main Street

**FARMERS MARKET p8>>**

Katie Titus/Iowa State Daily



# Week's Worth

## Last week's newsworthy stories

### Football commitments

ISU coach Paul Rhoads landed more commitments for his recruiting class of 2015 this past weekend. Dominic DeLira, a quarterback out of Austin, Texas, committed to Iowa State after attending a camp in Ames last weekend. Seth Nerness, a two-star defensive end from Murray, Iowa, also committed. Joining Nerness on defense is Jordan Wallace, a safety from Denton, Texas, and cousin of former ISU quarterback Seneca Wallace.

### ISU Male Athlete of the Year

Melvin Ejim, a 2014 All-American forward for the ISU basketball team, was named the ISU Male Athlete of the Year. Ejim led the Cyclones to a Sweet Sixteen appearance while averaging 17.8 points per game. Read more about Ejim's award at iowastatedaily.com.

### Efficiency review open forum

The Board of Regents, Iowa State and Deloitte hosted an efficiency review open forum on June 24. The public was able to ask questions while the group was in Howe Hall on the ISU campus. Check out coverage of the efficiency review on iowastatedaily.com.

### ISU Female Athlete of the Year

On June 18, shot putter Christina Hillman became the ninth female track and field member to be named ISU Female Athlete of the Year. Hillman won national titles in the shot put for both indoor and outdoor championships. A track and field athlete has won the award three straight times and Hillman becomes the second in that line, as Betsy Saina won the award in 2012 and 2013. For more on Hillman, go to iowastatedaily.com.

### UDCC remodels

The ISU dining center in Union Drive Community Center has been reopened after a fire filled the building with smoke and damaged the interior. The dining center was scheduled to be renovated next summer, but as a result of the damage, some is going to be remodeled this summer. Read the story on iowastatedaily.com.

### New catch bonds

A team of ISU researchers have released the results of a study on cellular bonds that get stronger when they are pulled on. Sanjeevi Sivasankar, one of the researchers, likened them to "nanoscale-seatbelts." Read the story on iowastatedaily.com.

### False research

Dong Pyou Han, a former researcher at Iowa State who resigned after falsifying AIDS research, has been arrested on felony charges of making false statements. Read the story on iowastatedaily.com.

# Week's Watch

## Things to look for this week

### NBA Draft

The 2014 NBA Draft begins June 26. Several former Cyclones, including Big 12 Player of the Year Melvin Ejim and DeAndre Kane, will be waiting to hear their name called. The last ISU player to be picked in the draft was Royce White, who was picked by the Rockets with the 16th pick in the first round. Check in to iowastatedaily.com to see who gets drafted.

### USA Track and Field

ISU track and field member Christina Hillman will be participating in the women's shot put June 26 at the the USA Outdoor Track and Field Championships. Hillman was recently crowned the NCAA champion in the women's shot put, winning on her final throw of 58 feet, 2 inches. To find Hillman's results, check in with iowastatedaily.com.

### 4-H conference

More than 1000 teenagers will be on the ISU campus from June 24 to 26 for the annual 4-H Youth Conference. The students will be participating in workshops, hearing from speakers and participating in community service. Read how the conference goes at iowastatedaily.com.

### World Cup

Ever wonder what it's like to watch a World Cup game at a Brazilian restaurant? Follow iowastatedaily.com as we cover Cafe Beaudelaire's showing of June 28's Brazil versus Chile game.

### Marimba festival

A series of workshops and a festival celebrating the playing of the marimba will be in Ames on June 24 to 26. The marimba is similar to a xylophone, except the wooden bars that the player strikes with his mallets are larger and there are more octaves. Check out the highlights of the festival on iowastatedaily.com.

### Weishea Task Force

The Weishea Task Force's last meeting before their recommendation is due to President Leath is June 26. Last week, the task force created a subcommittee to address student behavior, the party culture and how the university and city can address both issues. Check iowastatedaily.com for details.

### Simon Estes

Last week's Ames Municipal Band concert last week featuring ISU Artist in Residence Simon Estes was postponed last week due to weather. The concert has been rescheduled for 8 p.m. June 26 at Durham Bandshell Park. City Council members will hand out refreshments. Check for a photo gallery of the night at iowastatedaily.com.

## ISD IOWA STATE DAILY

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294-4120

**Iowa State Daily  
Newsroom**  
294-2003

**Retail  
Advertising**  
294-2403

**Classified  
Advertising**  
294-4123

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**Publication:**  
ISU students subscribe to the Iowa State Daily through activity fees paid to the Government of the Student Body.

**Subscription costs:**  
Subscriptions are 40 cents per copy or \$40 annually for mailed subscriptions to ISU students, faculty and staff. Subscriptions are \$62 annually for the general public.

**Fall & Spring sessions:**  
The Iowa State Daily is published Monday through Friday during the nine-month academic year, except for university holidays, scheduled breaks and the finals week.

**Summer sessions:**  
The Iowa State Daily is published as a weekly on Wednesdays, except for university holidays, scheduled breaks and finals week.

Opinions expressed in editorials belong to the Iowa State Daily Editorial Board.

The Daily is published by the Iowa State Daily Publication Board, Room 108 Hamilton Hall, Ames, Iowa, 50011.

The Publication Board meets at 5 p.m. on the fourth Thursday of the month during the academic school year in Hamilton Hall.

**Postmaster:**  
(USPS 796-870)

**Send address changes to:**  
Iowa State Daily  
Room 108 Hamilton Hall  
Ames, Iowa 50011

PERIODICALS POSTAGE

## Faces of Iowa State



Katie Titus/Iowa State Daily

### Bailey Nash

sophomore in  
global resource  
systems and  
hydrogeology

**What would be your greatest goal?**

I'm not sure what career I want to fall into, but I know I want to travel the world and I want to study how resources are being distributed and I want to try to create equality with resource distribution and also just create more sustainable ways to harvest those resources.

So I don't know exactly what I want to do.

**How would you describe yourself?**

I try to be positive and an optimist most of the time and minimalist. I'm a vegan.



Katie Titus/Iowa State Daily

### Johanna Topp

sophomore in  
biochemistry

**What do you want to do with your life after college?**

More school. I plan on applying to pharmaceutical schools. School on school on school.

**What is your biggest goal with your major?**

I want to create plant-based medicine ... I think it's a lot healthier. It could be some life changing stuff. I like the whole idea of personalized medicine, how one dosage might work for one person but might not for another. Just like coming up with personalized medicine and the goal is treating people with plant-based medicine and not generically.

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Katie Titus/Iowa State Daily

### Rachael Longhenry

senior in elementary education

**When you were little what did you want to be when you grew up?**

I actually wanted to be a teacher. Me and my sister would play teacher and make up lessons that were stupid, but it was really fun and we were both kind of the teacher so I wanted to do that."

**Did you ever play any sports?**

I played tennis when I was 8 and I played all four years in high school.

**Who is your biggest role model?**

I would have to say my mom. She has gone through a lot in her life and she still keeps going and is really strong and I really look up to that.

**Who is your favorite superhero?**

I guess Superman. I'm not really big on superheroes but he seems pretty cool.

**How are your role model and your superhero similar?**

My mom probably has some weakness like Superman like to Kryptonite.

**What is your biggest goal?**

I just want to change lives. My goal is to work in an inner city school in Chicago and if I could just let one student or child know that their lives could be improved or that it can get better, that would just be the best thing for me, to see that improvement in the student's life. It would be awesome.



# One-on-One with Charlie Henry



Courtesy of the ISU Athletic Department

By Beau Berkley  
@iowastatedaily.com

It didn't take Charlie Henry long to work his way up the ladder. On June 9, ISU basketball coach Fred Hoiberg named Henry assistant basketball coach after his second year with the program. Prior to Iowa State, Henry spent time with Utah and the Indiana Pacers.

**You've worked with teams in Michigan, Utah and Indiana. How did you end up in Ames?**

I met Coach Hoiberg and former assistant T.J. Otzelberger over the period from when I was transitioning from Utah to the Pacers. I met Hoiberg after his first year at Iowa State and I had actually known T.J. prior to that. The very first place I was at [Romulus High School in Detroit], we had a couple players come out of [Romulus High], Will Clyburn being the most recent, and the coach there coached T.J. in college, so that's how I knew T.J.

**You've worked with players in different ranks from high school to the**

**NBA. How has dealing with and experiencing different types of players helped you?**

It's all different at each level, but essentially it's all the same. There's the really good ones that are self motivated and want to be coached and those are the ones you try to surround yourself with. Obviously, there are going to be other guys that need more in one area and you work more with them to get them what they need. I've found that there is more in common than there are differences. You think it's a big jump, and it is in a lot of ways, but in the essence of what makes players unique, it's the same.

**You spent some time working for the Indiana Pacers, what did you take away from working with an organization as big as that?**

The level of professionalism from the top down. It's a special organization and I think it's one of the few special ones in the NBA. Just from talking with a few other people, I think it's special because it's about the basketball. A lot of organizations get tied up doing this and that, but it's still all about basketball in Indiana and I think that's special. The level of professionalism everyone has going about their job every day, it's special and I consider myself lucky to have been exposed to that at such a young age.

**Is working with video**

**something that gives you an added element to your coaching ability?**

That's where the game is heading. I'm lucky to work for a guy that played as a player and you have other guys ... who worked their way up through video. One, you learn the game because you study your offense and your defense as well as other teams' offense and defense. You see what works, what doesn't work. And second, you have the ability to bring guys in and show them what you think they need to work on or what they're doing well at and I believe that can be a powerful tool with young men who are standing on their own.

**How advantageous is it that you have already worked with the players prior to starting as assistant coach?**

It's advantageous. I know their strengths, I know their weaknesses and I feel like I have a pretty good grasp on what they need to work on and now they have a relationship and a rapport with me where they can walk right in and [I] can challenge them in certain areas and keep improving.

**Basketball aside, what do you like to do in your free time?**

My fiance is here in Ames as well, and pretty much any time that's not work related, we just enjoy living here in Ames and being a part of the community. It's obviously been great for us and it's been a happy two years, that's for sure.

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## 150 Years of Ames



Courtesy of the Library of Congress  
George Washington Carver, the son of slaves, is one of the most famous ISU alumni. Most known for his work with peanuts, Carver also helped run the school's greenhouse.

# First black graduate changes agriculture

**Editor's note:** In celebration of the 150th anniversary of our city, the Daily will highlight prominent figures, places and events in Ames' history each week.

By Ryan.Eft  
@iowastatedaily.com

Born a slave in Missouri, George Washington Carver was raised by his former masters, Moses and Susan Carver, as a son after his parents died. The exact date of Carver's birth is unknown, but it is estimated to be in 1864 or 1865.

The Carvers encouraged him to pursue his intellectual interests. When Carver arrived in Iowa in

1890, it wasn't crops — for which he is known — that brought him. It was music.

After being rejected by Highland College in Highland, Kan., in 1886 for being black, Carver homesteaded a claim in Ness County, Kan.

He worked odd jobs while cultivating his love for plants, keeping a small garden with trees, shrubbery and crops.

After obtaining a \$300 loan for education, his first stop in the state of Iowa was Simpson College in Indianola in 1890. The school was endowed by Matthew Simpson, an equal rights activist who had been friends with Abraham Lincoln. Carver was accepted freely. There

he briefly turned to the arts and the piano, but new ways to approach agriculture would prove to be his calling.

When his teacher, Etta Budd, noticed that Carver excelled at painting nature, she encouraged him to study botany instead.

His next stop was the Iowa Agricultural College and Model Farm — now known as Iowa State University — where Budd's father was an agricultural professor. He arrived in 1891.

Carver eventually earned a master's degree from Iowa State, performing experiments with mycology — the study of fungi — and plant pathology.

He knew well the struggles of poor farmers, especially poor black farmers, and at Iowa Agricultural College he discovered a fertile ground for his attempts to help them better their lives, according to a paper written by Carver.

Peanuts would be a focus for Carver. He believed that, if used correctly, the protein-rich food could not only become a more reliable commercial crop but could also provide a food source for poor farming families.

In 1916, he used the knowledge he'd accrued through his studies at Iowa State College and the Tuskegee Institute to publish a bulletin offering 105 uses for the crop. During his studies, he also worked with soybeans and sweet potatoes, all as substitutes for cotton. The over-reliance on cotton was seriously damaging southern farmers' livelihoods by the time Carver arrived in Iowa.

Despite a large study load, he also found time

to become a captain of the student battalion in the National Guard. Carver was a member of the debate team, the German club and the art club as well as an athletic trainer for the football team.

Carver's impact on Iowa State didn't begin and end with agricultural advances. Spurred by the advice of a childhood mentor who told him to "give your learning back to the people," Carver, who became the school's first black graduate, also became its first black teacher. He directed the school's botanical greenhouse and traveled throughout the state, delivering botany lectures.

However, Carver wasn't free from discrimination at Iowa Agricultural College. While a student, he was forced to sleep in an old office rather than the dormitories and eat in the basement with the employees.

Carver left the college in 1896 for the Tuskegee Institute, and, despite discrimination, he said, "I have no words to adequately express my impressions of dear old [Iowa Agricultural College]. All I am, and all I hope to be, I owe in a very large measure to this blessed institution."

Carver died in 1943. His legacy of both developing new agricultural practices and freely giving his knowledge to others has earned him a place in history.

Carver himself may have summed up his accomplishments perfectly when he said, "No individual has any right to come into the world and go out of it without leaving behind him distinct and legitimate reasons for having passed through it."

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Iowa State Daily

## Editorial



Iowa State Daily

**While the Veishea Task Force is considering changing Veishea, the ISD Editorial Board believes that people's behavior during Veishea needs to change more than the event itself.**

Veishea has been a tradition at Iowa State for nearly a century. The first Veishea took place in 1922 to celebrate the colleges of Iowa State. Since its birth, however, more and more students are partying. Riots have been replacing college open houses and properties are being destroyed instead of built.

Riots in April put an end to this year's celebration almost before it had begun. Soon the Veishea Task Force meetings will cease and the recommendation of whether or not to completely end Veishea forever will be made. We are saying no.

There are a series of reasons why the task force may think that changing Veishea to a new event is

be a good choice, which we understand. We have changed what Veishea represents for students. We have encouraged more of a party atmosphere surrounding Veishea.

But Veishea is about more than just us. Veishea is bigger than the students and faculty who are currently at Iowa State. The celebration is about our history, community and pride in our school. It would be a tragedy to lose that tradition.

Veishea gives ISU students and the people of Ames a sense of community. The Ames community comes together to celebrate one of the longest traditions at our school and now, because some students became drunk and

destructive on a Tuesday night, the task force is threatening Veishea to be taken away indefinitely. The sad part is that this is not the first time that riots have caused a destruction.

Yes, it is true that something needs to be done. However, taking away Veishea is not the answer. We need to embrace Veishea and its nine traditional purposes rather than sweep the whole thing under the rug and forget the celebration as a whole.

Any campuswide celebration is going to give students a reason to party. After all, the words celebration and party nearly have the same meaning today. There needs to be a change in mindset surrounding Veishea instead of a switch

to a new event that may have a similar outcome.

Changing Veishea to a new name and having it at different time of the year does not mean that people are going to stop partying and that riots will be a thing of the past. It simply means that riots could be a problem for the new event. Starting a new event in the fall could mean potential partying problems in the fall. Students are going to party; the task force needs to give them a reason to not be as wild when doing so.

Veishea is not the problem. Mobs of students are causing riots and if the connotations Veishea were changed so that the event was no longer associated with partying, it may help people change their idea of Veishea. Students need guidelines for Veishea and to be reprimanded when they don't follow them.

The community could have larger ticket amounts and fines for public intoxication and minor in possession charges. Houses that are having parties should have larger fines in hopes that after a few citations, the parties will slow down.

Overall, it is not the event that causes problems but the social mentality and stigma that comes

with the ways we have celebrated Veishea in the past.

Students love to have reasons to celebrate and to party, even if that means they are partying for school reasons. Take football for an example. If the football team were to win a national championship and a riot were to occur in the streets of Campustown, then would the football program be cut, or would we just simply change the way people "celebrate" football?

We would never think about telling our basketball team it could not go to the NCAA basketball tournament if there was a riot after a big win. We would never cancel the Cy-Hawk series if a riot broke out after a football game. Why are we even considering

canceled Veishea, an event that holds more sentimental value to many than our athletics do?

According to a document shared at the Veishea Task Force meetings from the ISU and Ames police departments, in some years, football games have drawn a similar number or more citations in one day than from students during Veishea weekends.

While it is obvious that Veishea needs a change in student mentality, the event itself does not need changed. And, when the Veishea Task Force makes its final recommendation to President Leath on June 30, we can only hope that we can keep one of our university's greatest traditions going.

### Editorial Board

Maddy Arnold, editor in chief  
Katie Titus, opinion editor

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Online feedback may be used if first name and last name, major and year in school are included in the post. Feedback posted online is eligible for print in the Iowa State Daily.



# 'It's like magic

By Matthew Rezab  
@iowastatedaily.com

**A**dam Bossard loves growing things.

How much you ask? Enough for the fair-skinned redhead to spend two summers in the Jamaican heat, "about two inches" from the blistering sun.

While most high school students were playing sports, hanging out with friends or enjoying lazy days on the lake during summer break, Bossard was managing a large portion of a 16-acre farm for an

orphanage in Kingston, Jamaica's capital.

Bossard, now 30, learned a valuable lesson that first summer in the tropical heat.

"I failed miserably. It was tropical and I grew up in a different system," Bossard said. "I had to come home and relearn everything."

In the process of relearning, the ISU doctoral candidate found his passion for finding universal solutions to food production shortages. His passion for farming, however, was cultivated long before that at his grandfather's farm near Radcliffe, Iowa.

"My grandpa taught me everything I know.

That's sort of where the magic comes

from," he said.

"If you can get [the plants] to produce, if you can get them to grow, it is like magic. He taught me that."

Bossard says simple solutions, such as spreading a layer of wood chips over the soil, can often be the most effective solutions. He uses the techniques he's learned on both small- and large-scale operations.

"The chips are the key to all of my gardening," he said. "It retains moisture, stops soil compaction and creates carbon. Things like that are universal. You can take it into the jungle or into Africa and it will create the most beautiful soil."

Bossard is very confident in his methods. He believes restoration and sustainability are essential to the future of agriculture.

"In five years, I can make the land better than it had been in a hundred years," he said. "Once you get super productive ground, you're most of the way there. They're going to resist disease so you can go organic. You get more production-per-acre, and it will look and taste better."

The wood chips Bossard uses in his garden are provided by a local tree excavation company free of charge. He says this is

Greg Zwiers/Iowa State Daily  
**Adam Bossard talks about his produce at the Ames Main Street Farmers Market. Bossard is a graduate student at Iowa State studying plant pathology and microbiology.**



gic'

## ISU graduate student supplies Ames with fresh produce, manages gardens

a mutually beneficial arrangement.

"We get a free service from him, but he gets a free service from us," Bossard said. "Normally he would have to pay to dump the wood, but now he doesn't. It's great."

Bossard, a graduate teaching assistant, seems to be able to have fun with whatever is set before him. He is not teaching any classes this summer, but he has been tasked with rewriting an enzyme lab manual.

Bossard is currently experimenting with RNA sequencing at Iowa State's Agronomy Research Farms.

"I'm putting things suspended in jello and dissolving those things in jello," he said. "It's pretty cool."

Bossard also grows produce at two gardens in Ames to sell every Saturday at the Ames Main Street Farmers Market.

His booth, Urban Acres, sells everything from cilantro to tomatoes. Everything is grown in his Ames gardens.

Both gardens are grown on plots provided by Helen Gunderson, who Bossard said was instrumental in getting him involved and inspired to create Urban Acres.

"Helen really was the

key to this," he said. "She owns both properties and encouraged me to participate. She's been great."

When Bossard has visitors at his garden, he strolls with an easy stride. The corners of his mouth seem perpetually upturned. He has the look of a proud father showing off his children's soccer trophies. He speaks so quickly, jumping from one vegetable to the next, that it can be difficult to keep up.

"Here we have beans and basil, this is fresh lettuce, here's cilantro and these are tomatoes," he said.

As five 6-week-old "feeder geese" followed him around the garden like loyal hunting dogs, Bossard explained that his produce sells so well he is often forced to return to the garden to resupply his booth on Saturday mornings.

"Last weekend, we sold out of basil, so I had to come back and re-harvest basil. Then it was lettuce," he said. "Luckily it's only about a mile away so I can do that pretty easily."

Lojean Petersen, manager of the Ames Main Street Farmers Market, said people like Bossard are key to the success of the market.

"Adam and all our other vendors are fantastic,"

Petersen said. "Everybody at our market is local and grows their own product or makes their own product. We don't have anyone who brings anything in from other places."

If the original idea was to keep the Main Street Farmers Market strictly local, Bossard could be the poster boy. His gardens are less than a mile away from the 400 block in front of Tom Evans Plaza where the event takes place, making Urban Acres the nearest vendor.

While the farmers market may be a lot of work, the friendly competition between vendors is fun for Bossard. The gibes and "trash talk" come naturally to Bossard, who moonlights as a stand-up comedian. He has performed in Des Moines, Kansas City and North Dakota, among other places.

"I love the sense of community, but there's definitely some competition," he said. "I'll see somebody with better tasting produce or something and ask them what they have there or if that's greenhouse produce [which is against the rules]."

Most doctoral students in agriculture gravitate toward teaching or large agricultural companies, but Bossard has not made up

Katie Titus/Iowa State Daily  
Adam Bossard leads a gaggle of feeder geese that he keeps in his garden to munch on the weeds. Bossard said that the geese help keep the weeds from taking over the plants' space.



his mind about what he'll do after graduation.

He may not be sure what is in his future after he earns his degree, but he knows what's not in his future.

"When I get done with my Ph.D., I have no plans of going into [big agriculture]," he said. "That is off my charts because I have other things to do."

In fact, Bossard's other purpose for Urban Acres is an ambitious one.

"The goal is to make enough money to start up my ethanol company after

graduation," he said.

There is not much about growing things that Bossard doesn't get excited about. Even a compost pile can get him fired up.

"We take the organic material from wherever we can," he said. "Anything to provide that nutrition that makes the plants really pop."

From Radcliffe to Kingston, Adam Bossard simply loves to grow things.

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# Goalball nationals ring in Ames

Visually-impaired athletes gather in Ames for unique sport

By Charlie Spellman  
@iowastatedaily.com

Imagine being blind-folded in front of a hollow medicine ball thrown at 35 miles per hour. This is the day-to-day life for those who play goalball.

Goalball, a sport for the visually impaired, started after World War II to keep visually impaired

veterans active. The sport has blossomed into a premiere sport for the visually impaired.

Goalball consists of two teams of three facing each other on a court that is nine meters wide and 18 meters long. One player fill the center position and defends the middle of the goal while the other two play the wings and guard the side of the goals.

The goal of the game is to roll a hollow, basketball-sized medicine ball with bells in it into the opposing team's goal, which runs the width of the court. The team that is able to stop the ball then becomes the offensive team. When a team



Ceci Du/Iowa State Daily  
One of the athletes rolls the ball toward the opponent's goal at the 2014 goalball national championships while his team gets low and prepares for the return by the opposition.



Ceci Du/Iowa State Daily  
An athlete blocks a shot during the 2014 goalball national championships this past weekend at Ames Middle School. The ball, which is hollow, has bells inside of it, allowing the visually impaired athletes to hear it as they defend their goals.

scores, it is given a point and the ball goes to the team that did not get the point.

The 2014 goalball national tournament took place this past weekend at Ames Middle School. The tournament featured the best teams around the nation, from the New York Knights to the Portland Avalanche.

The event featured both men's and women's teams.

Some people do not know what to expect when walking into a gym with blind athletes but soon realize the endurance and stamina the sport requires. The athletes playing have bruises and sometimes are hit in the chest by the ball. They dive all over the floor

to make sure the ball does not go into the goal.

The athletes are normally lying on the ground, though some stand in a squatting position. This is a reason that many goalball teams have weight training regiments.

Portland Avalanche center John Hinman lost his eyesight in a car accident when he was 8 years old. Hinman said he loved to skate as a kid and he felt very dejected knowing he couldn't skate anymore.

When Hinman started goalball, he wasn't sure what to think.

"I was surprised I liked goalball because I never liked team sports," Hinman said.

Goalball has opened many doors for Hinman,

allowing him to meet his teammates. He's even been a part of the runner-up team at the junior world championships.

Hinman said the team does not have a coach. The team instead has what they call the "Temple of Knowledge" where every player pours in their knowledge and uses it to their strategic advantage on the court. The temple has years of experience all molded into a single unit, with the sole goal of winning the championship.

This is not the same for every team, of course, but many teams have veteran players who pool their knowledge to help the younger players.

When all was said and done, the California

Cyclones took the gold on the men's side of the bracket, and Pool Team Central took the gold on the women's side. Hinman's Portland Avalanche did not place.

"The event went fantastic with a lot of positive feedback from the teams and everything went very well," said public relations and events coordinator Lacey Markle. Markle also said that next year's nationals will be in Atlanta, Ga.

The athletes who play goalball have the biggest grin from cheek to cheek when the game is all said and done. Goalball — like so many other sports — has the uncanny ability to bring people together who might have otherwise trekked down a different path.





Courtesy of ThinkStock

## Local fireworks displays

### Ames

Date: Thursday, July 3 (Rain date: July 4)  
Time: 9:30 p.m.  
Location: Reiman Gardens, 1407 University Blvd.

### Slater

Date: Thursday, July 3  
Time: 10 p.m.  
Location: Grimm Park

### Des Moines

Des Moines Symphony's 21st Annual Yankee Doodle

### Pops

Date: Thursday, July 3  
Time: 8:30 p.m.

Location: Iowa State Capitol — East 9th Street and Grand Avenue

### Urbandale

Date: Friday, July 4 (Rain date: July 5)  
Time: 10 p.m.

Location: Walker Johnston Park — park in city parking lots

# Travel around Iowa on small budget

By Emily.Barske  
@iowastatedaily.com

If you can't afford the cost or time for a vacation, you don't have to cringe with jealousy as your friends and coworkers brag about their mountain climbing escapades or trip to the beach. Here are seven fun adventures you can go on right here in Iowa — and the best part is they don't take a lot of money or time.

### Blank Park Zoo

The Blank Park Zoo is a great place for a family trip, date or learning experience. You'll see all the animals you'd expect to see at a zoo, as well as enjoy good food, a train ride around the zoo and special daily activities. Open 9 a.m. to 4 p.m., "Iowa's Wildest Adventure" is waiting for you.

Admission is \$6 for children, \$11 for adults and \$9 for seniors. Learn more on its website, [www.blankparkzoo.com](http://www.blankparkzoo.com), or give it a call at 515-285-4722.

### Boone and Scenic Valley Railroad

All aboard! Travel to Boone for an unforgettable train ride, delightful for any occasion. The train rides last from thirty minutes to a little more than two hours and will take you through a breathtaking view of central Iowa's wilderness. There are a variety of options to choose, from including dinner or

just the ride.

Check out its website, [www.scenic-valleyrr.com](http://www.scenic-valleyrr.com), or give it a call at 1-800-626-0319 to find a ride that will keep you on the fun track this summer.

### National Mississippi River Museum and Aquarium

Mississippi isn't just a fun word to spell or to use to count seconds — it's a symbol of America's foundation. In Dubuque, you can not only view the Mississippi River, but you can also experience its wonders at the National Mississippi River Museum and Aquarium. Walk through a variety of displays, animal viewings and interactive exhibits.

Admission is \$10 for children, \$15 for adults and \$13 for seniors. You can learn more about what the adventure will entail on its website, [www.mississippirivermuseum.com](http://www.mississippirivermuseum.com), or by calling 563-557-9545.

### Sioux City, Iowa

Up in the northwest corner of Iowa sits a historical town that is a microcosm of the growth of our country. Sioux City, Iowa, is home to historical artifacts of Iowa, as well as national history.

Plan a day to visit Sioux City to dive into history, taste some great food and attend an entertainment event. Be sure to stop by the Sioux City Public Museum and Sergeant Floyd River

Museum. Both museums have free admission and engage all age groups.

If you are feeling hungry for steak, salad, sandwiches and more, be sure to stop by Bev's on the River.

Visit Sioux City's visitor website at [www.visitsiouxcity.org](http://www.visitsiouxcity.org) to find other places to see and entertainment events that will be going on when you plan to visit.

### Clear Lake, Iowa

Make a weekend out of outdoor recreation, history, music and family fun in Clear Lake. As one of Iowa's most popular lakes, Clear Lake has a variety of water activities including boating, swimming, sailing, water skiing and much more.

If lakes aren't your thing, you can relax on the beach or enjoy shopping downtown. Clear Lake is also home to a variety of places to see, including the Iowa Trolley Park Railroad Museum and plane crash site of Buddy Holly. You can also get lost in the fun at the Fort Custer Maze.

To learn more about what Clear Lake has to offer you, visit their website at [www.clearlakeiowa.com](http://www.clearlakeiowa.com).

### Independence, Iowa

If you're looking for a place where you can kick back and relax, you'll love visiting Independence. The quiet, welcoming atmosphere that

Independence offers is great for an outing. While you're there, be sure to visit the Wapsipinicon Feed Mill and Dam, which is located on the Wapsipinicon River and is celebrating its 150th anniversary this year.

Right across from the dam is Bill's Pizza, where you can find great food for lunch or supper. You can also go to Heartland Acres Agribition Center for activities for kids and adults. If you are interested in seeing a race, look into the races at Independence Motor Speedway.

Frank Lloyd Wright's home outside of Quasqueton is just a short drive from Independence.

### Council Bluffs, Iowa

Spend some time outdoors in Council Bluffs at Bayliss Park or at Lake Manawa State Park. You can also view the beautiful countryside that surrounds the Lewis and Clark Monument. The Historic Squirrel Cage Jail, which features a revolving jailhouse that is among a select few of its kind still standing in the nation, is a great place for history buffs.

Find more attractions and recreation activities on their travel website at [www.councilbluffsiaowa.com](http://www.councilbluffsiaowa.com).

Also, Omaha is only a short drive from Council Bluffs if you are interested in visiting a big city.

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# Charity registries provide alternative to wedding gifts

By Saige.Heyer  
@iowastatedaily.com

Sometimes couples have everything they need before getting married, so they don't have anything for which to ask. Other couples just don't feel right asking for gifts from their guests. One solution to these problems is having a charity-based wedding.

A charity-based wedding is when a couple chooses a particular charity, or charities they feel passionate about and ask their guests to make a donation to that rather than purchase the couple gifts.

There are websites, such as the I Do Foundation, that help you set up what is called a charity registry. This reg-



Courtesy of ThinkStock

istry allows you to provide a list of charities to which you would like your guests to donate.

Once your charity registry is set up, you can share the link to it via your wedding website or printed on an instruction sheet and inserted in your save the dates or invitations.

Not only do the charities of the couple's choice benefit from this form of gifting, but the guests do too. When you make a charitable donation, it is

tax-deductible.

The I Do Foundation offers other forms of charity registries as well:

- Give-back registries: Pair with major retailers and a certain percentage of the gifts purchased is donated.

- Charity favors: Charitable donations are made by the couple to honor its guests.

- Shopping for change: Anything purchased for the wedding generates donations.



Weddings, Engagements, Civil Unions & Anniversaries  
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## Send the couple off in style

By Saige.Heyer  
@iowastatedaily.com

The exiting of the bride and groom from the ceremony is usually marked by the guests throwing something toward the couple. Here are some fun ideas for what to send the couple's way.

### Eco-friendly

Lavender, rose petals, eucalyptus leaves, oatmeal or black-eyed peas—These are some eco-friendly, bio-

degradable items you can put in a cone or other container and have guests toss at the bride and groom as they leave the ceremony. These are much friendlier to the birds than rice but are a bit more fun and unique than birdseed.

Candy sprinkles — These can be fun and you can use either plain white ones or colored ones. You can go to a cake decorating shop and find the fun themed sprinkles.

Bubbles — These will leave absolutely no mess to clean up after the bride and groom are gone. Kids will find it fun to watch the bubbles float away.

Butterfly release — This style of send-off is both elegant and fun. You can either have multiple butterflies in one box and have someone open it behind the new couple or give each guest a small box with a butterfly in it.

### Fun and Fancy

Ribbon and bell wand — Tie some wedding bells on to a dowel to wave at the couple as they walk by.

Flags — You can make flags to match the theme or decor of your wedding and give them to guests to wave after the ceremony.

Glow sticks — These would work especially well for a nighttime wedding or to keep and have at the reception.

Beach balls — For a summertime or beach-themed wedding, getting miniature beach balls for guests to throw at the couple would fit the theme.

Sparklers — These are a fun, whimsical way to light the path leaving the ceremony. However, you'll need to make sure there is plenty of space for your guests and have water and sand readily available.

Paper airplanes — Like the flags, these can be personalized to match your theme, colors or decor. Guests can also write messages inside them so make sure to have someone collect them after you leave.

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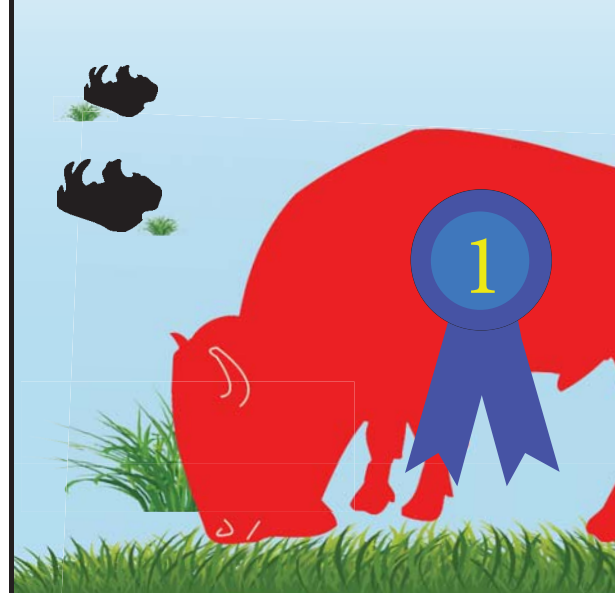


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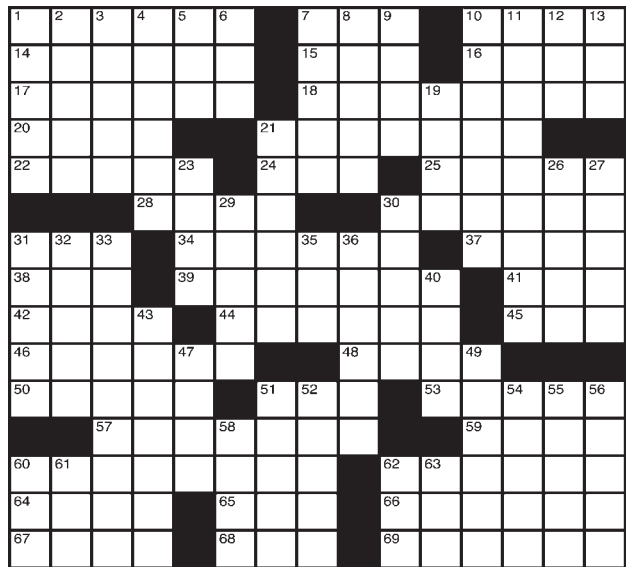
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# Crossword



### Across

1 Looking at the stars  
7 Dog star's first name?  
10 Singing an old-fashioned love song?  
14 Saudi neighbors  
15 Poetic preposition  
16 Opera set in Egypt  
17 \*Bit of formalwear  
18 \*Interrupt  
20 Wear a long face  
21 Lucrative way for a handicapper's bet to pay off  
22 Supply with weapons, old-style  
24 Letters for the Queen Mary  
25 Numeral  
28 Mideast ruler  
30 Delaware tribe  
31 "General Hospital" extra, for short  
34 Territory in dispute between Russia and Ukraine  
37 FBI agent  
38 U.N. workers' rights agcy.  
39 \*Scandal management play  
41 Memphis-to-Nashville dir.  
42 Condé \_\_\_ Publications

44 Like Enya's music  
45 Emulated Miss Muffet  
46 Vigor  
48 Open carriage  
50 Jazz player, briefly  
51 "\_\_\_ seen enough!"  
53 Stavros superior, in '70s TV  
57 "Star Wars" weapon  
59 Mandlikova of tennis  
60 \*Less intense workout after a workout  
62 Lose when you should have won, and a hint to the start of the answers to starred clues  
64 Molokai neighbor  
65 When repeated, a Kenyan rebel  
66 Puccini's "La \_\_\_"  
67 Times in the p.m.  
68 Suffix with Canton  
69 Quarters

### Down

1 "I daodor ball brand 10 Asea  
11 \*Psychologically manipulative tactics  
12 Words often said in front of a priest

13 Brown shade  
19 Plant stem joint  
21 Flourish  
23 DL x IV  
26 "Brusha, brusha, brusha" toothpaste  
27 Maxim  
29 "The Twilight Zone" plot device  
30 Chuckle  
31 Flax fabric  
32 Something to fall back on  
33 \*Snoop  
35 Litter sound  
36 Pencil topper  
40 Busiest type of season  
43 Ivy support  
47 Alum  
49 Start of a pirate's refrain  
51 "\_\_\_ a dark and stormy night ..."  
52 Locale  
54 Yakked  
55 Cartoon genre  
56 Beckinsale and Chopin  
58 A few  
60 Awards often co-hosted by Carrie Underwood: Abbr.  
61 Bungler  
62 Mgr.'s degree  
63 Toss

# Horoscope by Linda Black

### Today's Birthday

(6/25/14)

Realize a dream this year, whether business or personal. Personal growth and power surge until 7/16, when profits start rising. Act on principle. Teamwork magnifies results. Turn your passion into a business for practical fun. The lunar eclipse in Aries (10/8) propels your ambitions. Creative fun booms after 10/23. Do what you love and thrive.

To get the advantage, check the day's rating: 10 is the easiest day, 0 the most challenging.

### Aries

(March 21-April 19)

**Today is a 7** – Talk to friends about different options to solve a problem. Don't go it alone. Persuade others to see your view, but don't impose it. Talk about the desired outcome, but take action later.

### Taurus

(April 20-May 20)

**Today is a 7** – Don't push independent action through. Think over all the angles first. Get expert opinions before making your decision. Share your vision and get recommendations for options to pursue. Take time for health and well-being.

### Gemini

(May 21-June 20)

**Today is an 8** – You feel empowered and emboldened. Don't leap into action just yet. Rehearse the script, and make sure everyone knows their cues and lines. Someone important is watching. A rise in status tempts.

### Cancer

(June 21-July 22)

**Today is a 7** – Express your vision to your team, and ask for their alignment. Don't try to manage it solo. Collaboration brings more talents to a profitable game. Talk about what you see possible.

### Leo

(July 23-Aug. 22)

**Today is an 8** – You've got the megaphone. Get your team excited. Rally the troops! Today's better for inspiration than action. Figure out who will do what. Talk about what you can provide. Launch later.

### Virgo

(Aug. 23-Sept. 22)

**Today is a 7** – Discuss possible changes you'd like to make at home with housemates and family. What you consider an improvement may not occur that way for everyone. Share visions and compromise. Assign tasks.

### Libra

(Sept. 23-Oct. 22)

**Today is a 7** – Start thinking up a fun, romantic adventure. Who will you invite? Imagine the perfect location, and pencil it into your schedule. Don't travel yet or even book the tickets, but plot the itinerary.

### Scorpio

(Oct. 23-Nov. 21)

**Today is an 8** – Craft work promotions, and come up with the words to express what your business is about. Don't send them out yet... let the team review and make changes.

### Sagittarius

(Nov. 22-Dec. 21)

**Today is a 6** – Don't dash out on your own just yet. Talk to a partner, and make sure to have backup plans in place before any big changes. Together you're more powerful than alone.

### Capricorn

(Dec. 22-Jan. 19)

**Today is a 7** – Discuss joint finances, and make decisions that impact the family. Survey opinions and get feedback. Talk over options, but don't act on them yet. Tally up the results and chart your course.

### Aquarius

(Jan. 20-Feb. 18)

**Today is a 7** – Travel sounds good and could work, especially if you allow extra time for connections. It's better if you don't fly solo. Maybe you can do a meeting by Skype.

### Pisces

(Feb. 19-March 20)

**Today is an 8** – A disagreement about work priorities could slow you down. Listen carefully, and let the other person know they were heard. Talk about your vision, and compromise about how to get there.

# Sudoku by the Mephram Group

	9	5	1					
	1			2			6	
6				8	9			
		4						
	7	9				2	5	1
						7		
			2	5				6
	2			4			8	
			9		6	3	4	

**LEVEL:** 1 2 3 4

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, visit [www.sudoku.org.uk](http://www.sudoku.org.uk)



## THURSDAY 6/26

### Ames Municipal Band Concert

**What:** The Ames Municipal Band is starting its concert series. The band, directed by Michael Golemo, will play every Thursday in June and July.

**When:** 8 p.m.

**Where:** Durham Bandshell, 125 E. 5th St.

### Evening Prairie Walk

**What:** Take a walk in Doolittle Prairie, the largest prairie in Story County. Check out rare plants and learn about the history of central Iowa prairies.

**When:** 7 p.m.

**Where:** Doolittle Prairie

### Iowa Swine Day

**What:** Listen to presentations about antibiotics growth promotion. Learn how it will affect human health and federal regulations that might change the way pigs are fed.

**When:** 9 a.m. to 5:15 p.m.

**Where:** Scheman Building

### Spiegelau Beer Tasting at Della Viti

**What:** Della Viti is hosting a Spiegelau beer tasting. Visitors will get four glasses of beer.

**When:** 6:30 p.m. to 8:30 p.m.

**Where:** Della Viti, 323 Main St.

## FRIDAY 6/27

### Ames on the Half Shell: Can of Worms

**What:** Enjoy a concert during the 12th season of Ames on the Half Shell. Audience must be 21 years or older and admission is \$4.

**When:** 5 p.m. to 8 p.m.

**Where:** Durham Bandshell Park, 6th Street and Duff Avenue

### Story County Conservation: Firefly Foray

**What:** Spend an evening exploring fireflies and nocturnal insects. Enjoy crafts, s'mores and time to collect insects.

**When:** 8:30 p.m. to 10:30 p.m.

**Where:** Story County Conservation Center at McFarland Park, 56461 180th Street

### Live Music at Snus Hill Winery

**What:** Enjoy an evening of live music and wine. Listen to honky tonk country, rockabilly and blues music from El Dorados.

**When:** 6:30 p.m. to 9:30 p.m.

**Where:** Snus Hill Winery, 2183 320th St. in Madrid

## SATURDAY 6/28

### Lily Show at Reiman Gardens

**What:** Enjoy hundreds of lilies from the United States and Canada and a selection of arranged designs.

**When:** 12 p.m. to 4:30 p.m.

**Where:** Reiman Gardens, 1407 University Blvd.

### Ames Choral Society: "Born on the Fourth of July"

**What:** Join the Ames Choral Society for a summer concert. Enjoy the Fourth of July themed music.

**When:** 7 p.m.

**Where:** St. Andrew's Lutheran Church, 209 Colorado Ave.

### Snus Hill Winery Tour

**What:** Enjoy hundreds of lilies from the United States and Canada and a selection of arranged designs.

**When:** 12 p.m. to 4:30 p.m.

**Where:** Reiman Gardens, 1407 University Blvd.

### North Grand Farmers Market

**What:** Vendors will be selling fresh Iowa-grown fruits, vegetables and more.

**When:** 8 a.m. to 12 p.m.

**Where:** J.C. Penney parking lot at North Grand Mall

### Ames Main Street Farmers Market

**What:** Vendors will be selling fresh Iowa-grown fruits, vegetables and more.

**When:** 8 a.m. to 12:30 p.m.

**Where:** 300-400 block of Main Street

## SUNDAY 6/29

### Roosevelt Summer Sundays Concert

**What:** Enjoy free concerts each week from local bands who play different genres of music.

**When:** 7 p.m. to 8:30 p.m.

**Where:** Roosevelt Park, 9th Street & Roosevelt Avenue

### Dialogue with the Director

**What:** University Museums Director Lynette Pohlman will give visitors an inside look at the exhibition "Illuminating Perceptions: Explorations of Light and Shadow" by Mac Adams in the Christian Petersen Art Museum. Also get a glimpse of the Farm House Museum and Anderson Sculpture Garden.

**When:** 2 p.m. to 3 p.m.

**Where:** Christian Petersen Art Museum, Morrill Hall

### Prairie Moon Summer Music Series

**What:** Enjoy food and drinks at Prairie Moon Winery. Eat wood-fired pizza while listening to rock music from Abby Normal Band.

**When:** 3 p.m. to 6 p.m.

**Where:** Prairie Moon Winery, 3801 West 190th St.

### Live Music at Snus Hill Winery

**What:** Enjoy music from a variety of genres, including latin jazz. Listen to Tony Valdez and Don Jaques.

**When:** 2 p.m. to 4 p.m.

**Where:** Snus Hill Winery, 2183 320th St. in Madrid

## MONDAY 6/30

### Paper-Making Class

**What:** Learn to make sheets of paper by hand. Use pulp prepared from recycled materials to make your paper.

**When:** 6:30 p.m. to 9 p.m.

**Where:** The Workspace, Memorial Union

## TUESDAY 7/1

### Wheatsfield: "American Meat" Documentary Film

**What:** Watch a solutions-oriented documentary about current issues of the United States meat industry. Bring a lawn chair or blanket to the showing.

**When:** 7 p.m. to 8:30 p.m.

**Where:** Wheatsfield Cooperative, 413 Northwestern Ave.

## WEDNESDAY 7/2

### Class: Black and White Digital Photography

**What:** Take a four-week course in black and white digital photography beginning on July 2. The class is \$48 for members and \$60 for the public.

**When:** 6 p.m. to 8:30 p.m.

**Where:** Reiman Gardens, 1407 University Blvd.